

## Life Threatening Allergies & Epinephrine Parent Information

Having a child with a life-threatening allergy can be frightening for parents. At Missoula County Public Schools, we take allergies very seriously and want to work with parents to create a safe environment for your child. It is important that we also work together to foster self-care and advocacy skills in your child that will help them live safely beyond the school walls and school years.

## Please do the numbered items below so that your child is safe at school.

- 1. Have your child's doctor/healthcare provider complete and sign the attached "Anaphylaxis Action Plan" every year/ 12 months.
- 2. Add your signatures AND current contact information (see front and back of form).
- 3. Add a current photo to the form.
- 4. Take the form and <u>non-expired</u> medications to your child's school at the start of the school year; it is better to do this several days BEFORE the start of school.
  - The school will accept expired epinephrine only if you provide a specific letter from your health care provider stating the length of time the epinephrine may be given after the printed expiration date.
  - The school will discard expired medications without a valid letter (described above) at the end of every school year unless you pick it up.

## Additional Information:

Missoula County Public Schools has comprehensive procedures to help students with allergies thrive and be safe at school. Please see the "Parent/Student Anaphylaxis Checklist" for your important role in these procedures. That and other additional information is on this district allergy webpage.

"Lock downs", "perimeter lock-ins" or school evacuations: There are many reasons any of these events may occur during the school day including planned drills, "false alarms", fires, earthquakes,

storms and real or the threat of a dangerous individual in the area. Schools are dynamic places. At the start of an event, your child may be in their classroom, on the playground, in a hall or bathroom or other area such as the lunchroom or cafeteria. When safe to do so during an evacuation, staff will retrieve emergency medications kept in the office. The safety of all students is always the priority. I wanted to alert you to the reality that the only way your child will always have ready access to their emergency medication, no matter the type of event, is to wear it on themselves at all times. You may choose to instruct your child to keep their emergency medication on them at all times and we will note that on accommodations plans. If you choose to do this, it would be best to have your child do this at all times, in and outside of school, so that it becomes a lifelong habit.

If you have any questions or concerns, feel free to contact me. Thank you for working with the school so your child is safe and ready to learn!

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